



THUASNE®

Biflex Self Adjust

*Built with Precision and Overlap,
Designed for Peace of Mind.*



Biflex Self Adjust

BIFLEX Self-Adjust is a modular compression wrap system designed for effective, personalized care. Its cushioned open-cell foam absorbs and evenly distribute pressure, while wicking moisture away from the skin. Its low stretch material and overlapping straps** mimic bandaging. This wrap adjusts easily for a tailored fit—*no compression guesswork required.*



Phase of Treatment: Reduction & Maintenance



Time of Day: Daytime



Manufacturing Type: Off-The-Shelf



Styles Available: Foot, Calf, Knee, Thigh, Arm, Hand



Color: Beige



Warranty: 6 Month Manufacturer's Warranty

What to Love About Biflex Self Adjust?



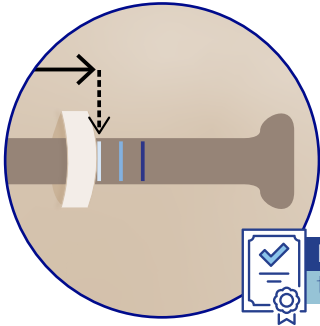
Patient Photos © Mary Criner, MOT, OTR/L, CLT, OCC

"I feel like the Biflex Self Adjust is **easier to get on** than my other one, because the inside sleeve is more stretchy, but it **doesn't lose compression** in the process."

PATIENT TESTIMONIAL

"This product certainly has potential for patients with increased difficulty donning standard compression sleeves. **The adjustable tabs allow for increasing compression level after donning and are easy to navigate.**"

THERAPIST TESTIMONIAL



Control Pressure Adjuster

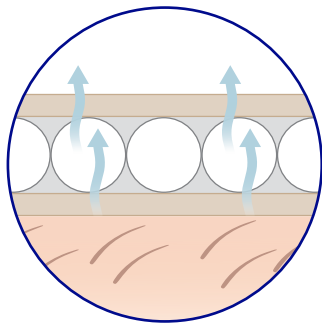
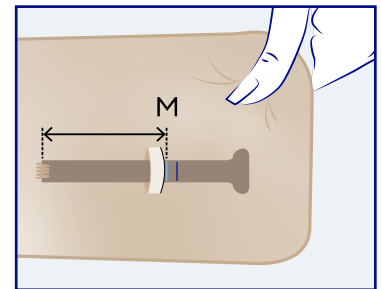
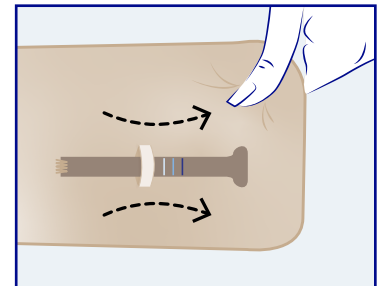
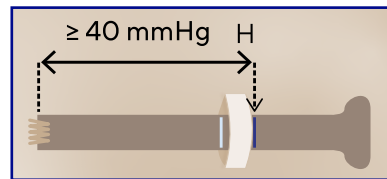
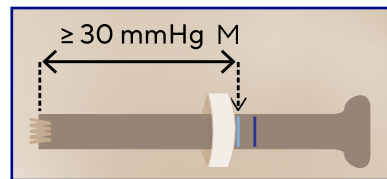
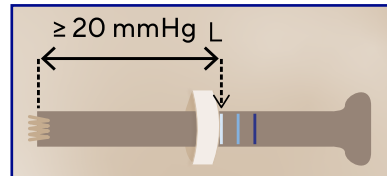
Patented integrated system ensures precise 20-40mmHg pressure every time.* ⁽¹⁾

► How to use the pressure adjuster?

The adjuster comes with three levels of pressure: **L** low (light blue line), **M** medium (blue lines) and **H** high (dark blue lines).

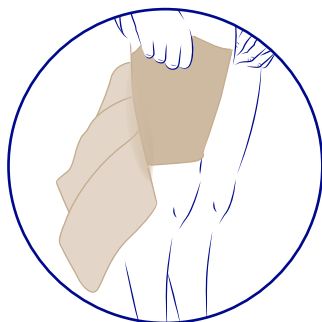
Pressure is reached by pulling on the strap which slides the adjuster until the outside of the loop is over the desired level of pressure.

If necessary, the segment pressure can be modified by adjusting the loops from bottom to top.



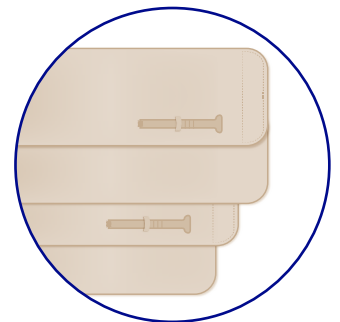
Cushioned Open Cell Foam

Comfortable, breathable open-cell foam facilitates moisture transfer from the skin. ***



No Gap Strapping System

Built-in 50% overlapping straps designed to mimic bandaging application ⁽¹⁾.



Easy Built-in Donning Aid

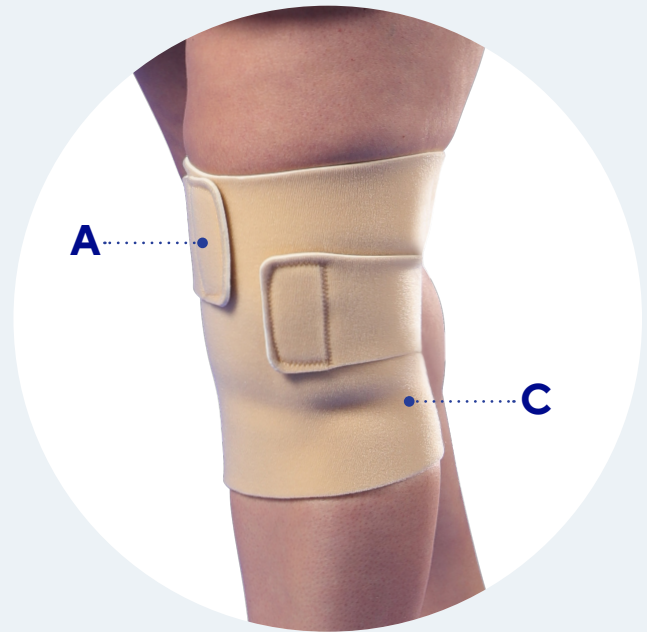
Simplifies donning and doffing by keeping the garment in place during strap application ⁽²⁾. Fewer straps also make for a simpler application.

1 Calf and Thigh styles only
2 Calf, Thigh and Arm styles only

Foot



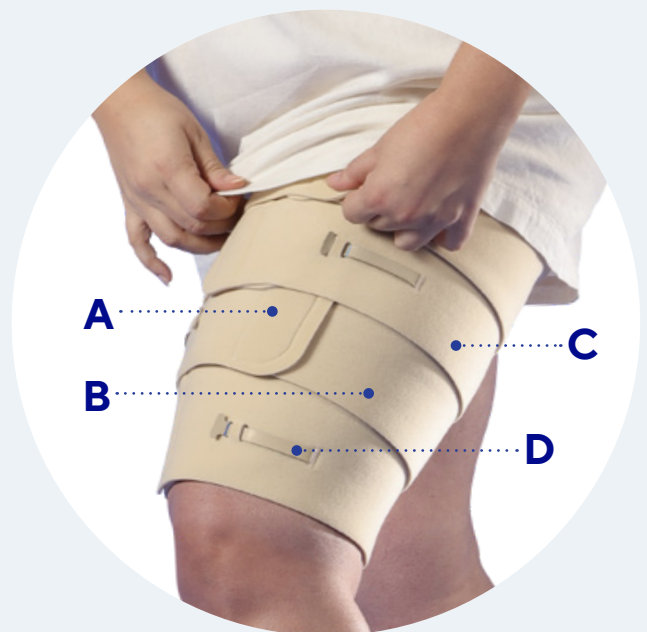
Knee



Calf



Thigh




- **(A) Adjustable and Repositionable:** Ready-made system of inelastic bandages that can be easily adjusted and repositioned as needed
- **(B) No-Gap Strapping System:** Built-in straps that overlap by 50%, designed to provide even coverage with no gaps
- **(C) Cushioned Open-Cell Foam:** Soft and breathable foam provides comfort while moving moisture away from the skin. Applies to all styles.
- **(D) Control Pressure Adjuster:** Patented built-in system that delivers a precise and consistent 20-40mmHg of pressure each time

 **Foot**

Size	cB (in cm)	cH (in cm)	ℓAY (in cm)	Item Number
1	< 36	19-24	23-29	18100120100299
2	< 36	24-29	23-29	18100120200299
3	< 41	29-34	23-29	18100120300299

 **Knee**

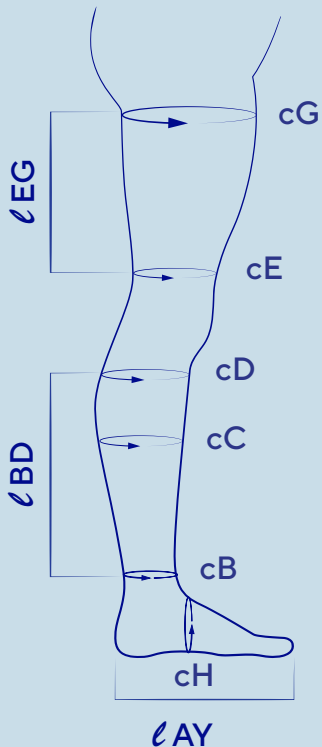
Size	cE (in cm)	cD (in cm)	Item Number
1	35-50	23-35	18200120100299
2	50-65	35-45	18200120200299
3	65-85	45-55	18200120300299

 **Calf** R = Regular T = Tall

Size	cB (in cm)	cC (in cm)	cD (in cm)	ℓBD (in cm)	Item Number
1	16-24	24-35	25-36	< 36 (R)	18300120100201 (R)
				> 36 (T)	18300120100202 (T)
2	20-28	32-43	32-43	< 36 (R)	18300120200201 (R)
				> 36 (T)	18300120200202 (T)
3	24-32	40-51	39-50	< 36 (R)	18300120300201 (R)
				> 36 (T)	18300120300202 (T)
4	28-36	48-59	46-57	< 36 (R)	18300120400201 (R)
				> 36 (T)	18300120400202 (T)

 **Thigh** R = Regular T = Tall

Size	cE (in cm)	cG (in cm)	ℓEG (in cm)	Item Number
1	34-45	46-57	< 36 (R)	18250120100201 (R)
			> 36 (T)	18250120100202 (T)
2	41-53	53-65	< 36 (R)	18250120200201 (R)
			> 36 (T)	18250120200202 (T)
3	49-60	61-72	< 36 (R)	18250120300201 (R)
			> 36 (T)	18250120300202 (T)
4	56-68	68-80	< 36 (R)	18250120400201 (R)
			> 36 (T)	18250120400202 (T)



Circumference

- cG: Thigh (at the widest point)
- cE: Above the knee
- cD: Below knee (on the head of the fibula)
- cC: Calf (at the widest point)
- cB: Ankle (at the narrowest point)
- cH: Instep

Length

- ℓAY: Heel to end of foot
- ℓBD: Ankle to knee height
(ankle to just below bend of knee)
- ℓEG: Above knee to thigh height
(just above knee to gluteal fold)

BiFlex Protective Liner *

Below Knee **Item:** 18150120100299

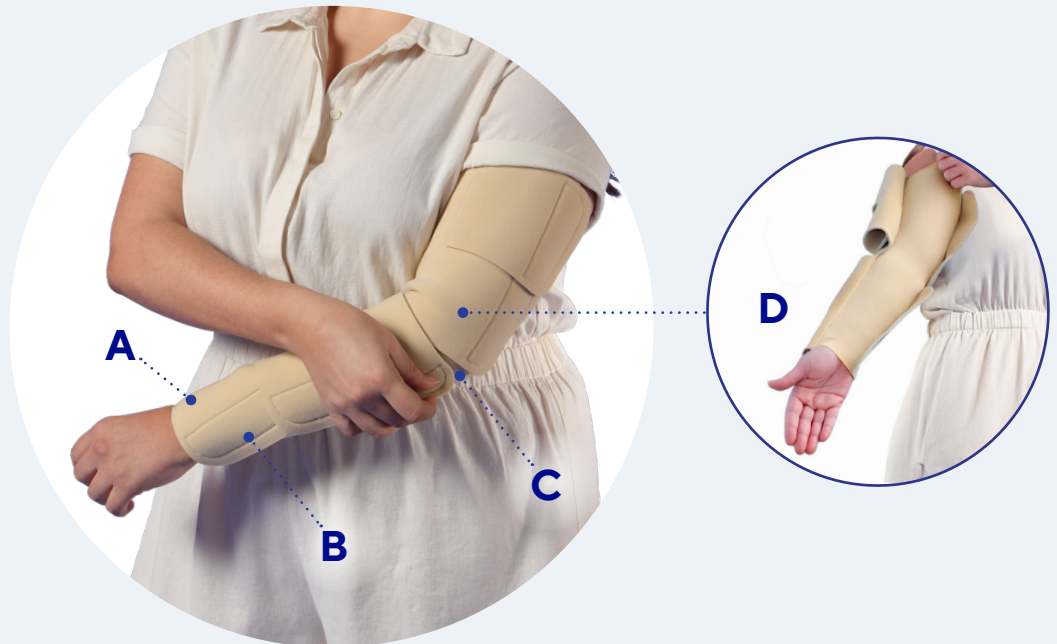
**One size fits all liner for Calf and Foot styles.*

Product Style	HCPCS
Foot	A6587
Calf	A6583
Knee	A6584
Thigh	A6585
Protective Liner - Below Knee	A6593

Hand



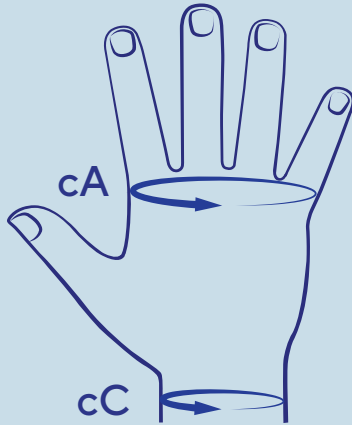
Arm



- **(A) Adjustable and Repositionable:** Ready made system that conforms with each strap
- **(B) Cushioned Open-Cell Foam:** Soft and breathable foam provides moisture wicking comfort
- **(C) Freedom of Movement:** Removable elbow strap to allow for flexibility as needed throughout the day
- **(D) Built-in Sleeve:** Supports one-handed donning for easy self-care



Hand



Size	cA (in cm)	cC (in cm)	Item Number
1	15-19	15-20	18150120100299
2	19-24	17-21	18150120200299
3	24-29	18-23	18150120300299

HCPCS : A6584

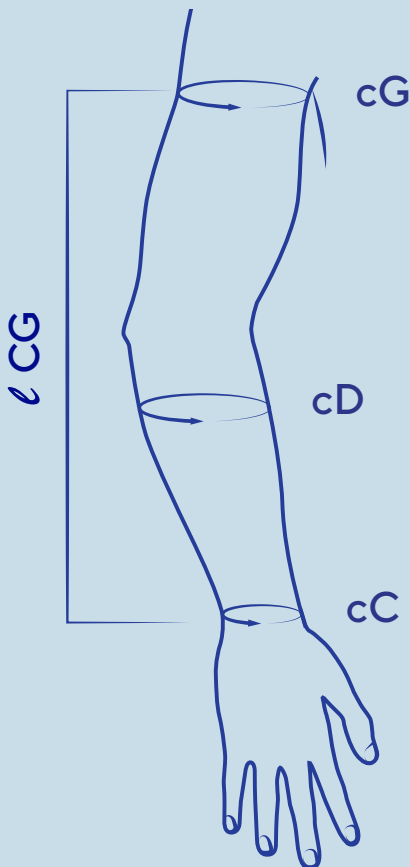
Circumference

cA: Hand (head of metacarpal bones)

cC: Wrist



Arm



Size	cC (in cm)	cD (in cm)	cG (in cm)	lCG (in cm)	Item Number
1	15-19	22-28	25-32	46-54	18350120100299
2	16-20	24-30	29-36	46-54	18350120200299
3	17-21	26-32	33-40	46-54	18350120300299
4	17-21	28-34	37-44	46-54	18350120400299
5	18-22	30-36	41-48	46-54	18350120500299
6	19-23	31-37	45-52	46-54	18350120600299

HCPCS : A6588

Circumference

cC: Wrist

cD: Forearm (widest part of forearm)

cG: Axillary arm (widest part of the axillary arm)

Length

lCG: Wrist to axillary arm



Care Instructions

It is recommended to wash your BIFLEX Self Adjust garment daily (or after each use).

- Use mild detergents. Avoid use of bleach, fabric softener or other harsh chemicals.
- Close hook-and-loop fasteners before washing and drying.
- Machine wash:
 - Gentle / Delicate Cycle on warm setting (up to 86° F)
 - Place the garment in a wash bag
- Dry:
 - Squeeze out excess water
 - Air dry, away from direct heat (e.g. radiator, sun, etc.)
 - Dry Flat
 - Do not tumble dry
- Do not iron
- Do not dry clean



Materials

Calf, Thigh & Arm:

- Wrap: Polyamide, Elastane, Polyurethane, Polyester
- Indicators: Polyamide, Polyurethane

Hand, Knee & Foot:

- Wrap: Polyamide, Polyurethane, Polyester



Indications

- Lymphedema
- Edema
- Lipedema
- Chronic Venous Insufficiency (C3 to C6)

Wings for your health!



Scan Here
to learn more about the
Biflex Self Adjust wraps.

Thuasne, LLC.

120 Osage Ave.
Kansas City, KS 66105
United States

Phone 1.800.821.3094

Fax 1.800.462.4707

Email cs@therafirm.com

ThuasneUSA.com