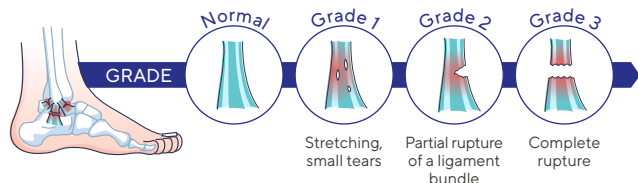


Ankle sprains

are among the most common musculoskeletal injuries, involving one or more ankle ligaments, and varying in severity from a simple stretch to a partial or complete tear.⁽¹⁾

Sprains are classified according to severity:



In case of a sprain, the French National Authority for Health (HAS) recommends:

- Following the **RICE protocol** (Rest, Ice, Compression, Elevation)
- Using a **brace**, as it **helps**:
 - Reduce the use of analgesics,⁽²⁾
 - Preserve quality of life and autonomy,⁽³⁾
 - Maintain professional activity⁽³⁾

THUASNE® ANKLE ORTHOSIS RANGE - USES

STABILITY	Immobilisation			Walking boots
	Motion control			
	Stabilisation		Stabilising ankle braces	Ankle stirrups
	Support	Elastic compressive knitted braces		
	SEVERITY			

(1) Reconnaître une entorse de la cheville. (s. d.). ameli.fr | Assuré. <https://www.ameli.fr/assure/sante/themes/entorse-cheville/reconnaitre-entorse-cheville>

(2) Professionnelles, A. N. D. E. S. S. R. (2000). Rééducation de l'entorse externe de la cheville : Janvier 2000.

(3) Dispositifs de compression/contention médicale à usage individuel. Utilisation en orthopédie/rhumatologie/traumatologie, HAS 2012. Illustrations : VectorMine/Shutterstock.com

Malleo Dynastab® range



THUASNE®



Malleo Dynastab®

Lace-up fastening



Malleo Dynastab® BOA®

BOA® Fit System⁽⁴⁾



Malleo Dynastab® BOA® Open

BOA® Fit System & wide posterior opening

Stabilising ankle brace with BOA® Fit System and step-in design



(4) BOA® is a registered trademark of Boa Technology Inc.

Availability of these products might vary from a given country or region to another.

All the medical devices class I, mentioned on this document are CE marked according to the European Regulation 2017/745 on medical devices.

Please read carefully the instructions for use of the products.

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Photos: Studio Caterin. Illustrations : VectorMine/Shutterstock.com



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Thuasne SAS - SIREN/RCS Nanterre 542 091 186 - Capital 1 950 000 euros
120, rue Marius Aulan 92300 Levallois-Perret (France)

Malleo Dynastab® BOA® Open

Ease of adjustment:

BOA® Fit System for quick, even and micro-adjustable tightening for a custom fit.

Bilateral stabilisation:

2 metallic wire stays, combined with 2 figure-8 elastic straps provide support to the ankle joint while still allowing plantar- and dorsiflexion.

Comfort:

Low profile, brace, fits most closed shoes.
Aerated lining to help wick away moisture.

Ease of application:



Posterior opening with self-fastening strap allows the brace to be fully opened for easy step-in application.



INDICATIONS

- Moderate to severe ankle sprain.
- Chronic ankle instability.
- Ankle pain/oedema.

Fitting

1

Measurements

Measure the ankle circumference above the malleoli, using a tape measure and taking care not to over-tighten the tape.



Measure and compare both ankle circumferences, to make sure that the brace size is not impacted by potential swelling.

If there is a size difference due to swelling, be aware that the brace might not fit the patient, once the oedema decreases.

To avoid this inconvenience, you can choose a brace from the Thuasne® Ligacast® range.

2

Size selection

	1	19 - 22 cm
	2	22 - 26 cm
	3	26 - 30 cm

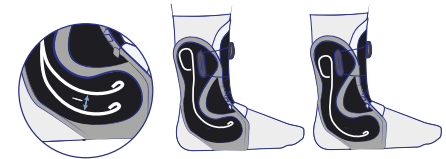
Bilateral model

3

Try the brace on the patient

4

Check the size and, if necessary, adjust the stays' position, to avoid discomfort on the malleoli.



5

Make sure that the self-fastening strap on the back of the Malleo Dynastab® BOA® Open fits snugly for closure.

