

Description/Destination

Walking boot with rigid side uprights to immobilize and stabilize the lower third of the leg, ankle and foot. The device is intended only for the treatment of the indications listed and for patients whose measurements correspond to the sizing table.

Indications

Ankle/foot post-operative/post-traumatic immobilization.

Severe ankle/foot sprain.

Stable fracture of the lower third of the leg (tall version).

Conservative treatment of ankle/foot fracture.

Ankle/foot severe tendinopathy.

Conservative treatment of Achilles tendon rupture.

Contraindications

Do not use the product if the diagnosis has not been confirmed.

Do not apply the product in direct contact with broken skin.

Do not use in the event of known allergy to any of the components.

Do not use in the event of unstable fractures or fractures of the upper part of the tibia or fibula.

Do not use for patients weighing > 113 kg.

History of venous or lymphatic disorders.

Composition

Rigid components: polyamide, rubber, ethylenevinyl acetate, thermoplastic polyurethane, polypropylene.

Fabric components: polyamide, polyurethane, polyester.

Properties/Mode of action

Immobilizes and stabilizes the lower third of the leg, ankle and foot.

90° rigid uprights on both sides

Designed to ensure minimal dorsiflexion of the metatarsal bone.

Curved, anti-slip sole that offers patients a natural, comfortable walking motion.

Product can be worn on either foot.

Precautions

Verify the product's integrity before every use.

Do not use the device if it is damaged.

Choose the appropriate size to fit the patient, referring to the size chart.

The choice of the device version is at the discretion of the healthcare professional.

It is recommended that a healthcare professional supervises the first application.

Strictly comply with your healthcare professional's prescription and recommendations for use.

The systematic use of a long sock is recommended when wearing the device.

Ensure correct position and avoid folds when placing foam liner in the device.

Check the condition of the affected limb daily (with particular attention for patients with sensory deficit).

Do not bring the product into direct contact with greasy substances (ointment, cream, etc.).

Do not bring the product into direct contact with a dressing.

In the event of discomfort, significant hindrance, pain, variation in limb volume, abnormal sensations or change in colour of the extremities, remove the device and consult a healthcare professional.

Do not wear the product in a medical imaging device.

Do not wear the product when driving a vehicle.

Do not expose the product to extreme temperatures (> 60°C).

It is recommended to adequately tighten the device to achieve immobilisation without restricting blood circulation. In the event of pain, tingling or numbness, loosen the straps or deflate the air pads and ask a healthcare professional for advice.

For hygiene and performance reasons, do not re-use the product for another patient.

If the device comes into contact with water, dry the textile part and wipe the rigid part well with a dry cloth.

Prolonged immobilisation can sometimes cause muscle weakness.

When resuming walking, be careful of risks of falling.

Undesirable side-effect

This device can cause skin reactions (redness, itching, burns, blisters ...) or wounds of various degrees of severity.

Possible risk of venous thrombosis.

Possible risk of back pain due to gait pattern modification.

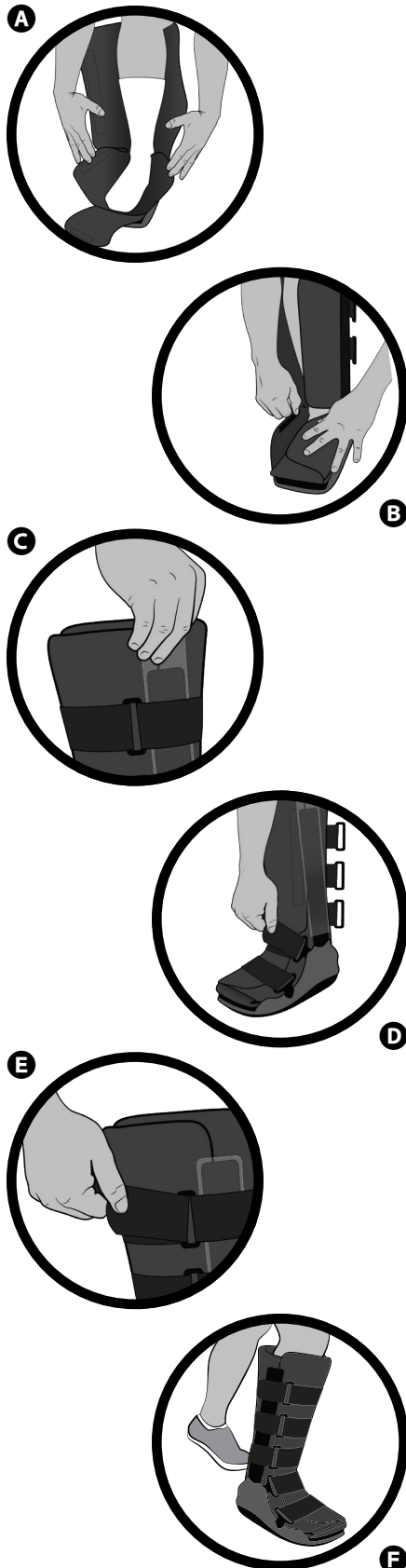
Possible risk of infections.

Any serious incidents occurring related to the device should be reported to the manufacturer and to the competent authority of the Member State in which the user and/or patient is resident.

Distributed by Thuasne USA

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Select Walker Walking Boot



Instructions for use/Application

1. Take the walking boot out of its plastic cover, unfasten the self-fastening straps and open the liner.
2. Do not remove the protections from the side uprights. They must remain in place while you put the boot on.
3. Sit down and carefully place your lower leg and foot in the foam liner, checking that your heel is correctly positioned at the bottom of the boot **A**. Close the foam liner, applying it firmly around the lower leg and foot **B**.
4. Make sure that your leg is properly positioned between the two rigid side uprights.
5. Once you have checked that the side uprights are properly positioned, you can remove the protections **C**. The self-fastening surface on the inner part of the uprights attaches to the foam liner.
6. Fasten the walking boot again, tightening the selffastening straps from bottom **D** to top **E**.
7. Try walking with the boot to check that it fits properly and that it is working correctly **F**.

Taking off the walking boot: loosen the straps and open the liner.

Garment care

Product can be washed in accordance with the conditions shown on this instruction leaflet and on the label.

Liner is fully removable for washing.

Hand wash the liner in cold water.

Wash the rigid part with a moist cloth.

Squeeze out excess water. Dry away from any heat source (radiator, sun, etc.).

Do not use detergents, fabric softeners or aggressive products (products containing chlorine).

Storage

Store at room temperature, preferably in the original packaging.

Disposal

Dispose of in accordance with local regulations.

Keep this instruction leaflet.

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