

### Indications:

Mild to moderate medial or lateral osteoarthritis

### Contraindications:

- Do not place the product directly in contact with damaged skin.
- Patients with severe arterial insufficiency.
- Patients with severe varicose veins preventing the regular use of an offloading brace.
- Allergy to one of the components.
- Severe cognitive and/or psychiatric disability.
- Patients with severe genu recurvatum.
- Patients presenting with significant genu varum or genu valgum.

### Adverse effects:

There are no known adverse effects when the product is used correctly.

### Precautions:

Follow the recommendations of the healthcare professional who prescribed or supplied the product. In case of discomfort or any adverse effects during the use of the product, remove the knee brace and consult with a healthcare professional.

Store the brace at normal room temperature. This brace should only be used by the patient it is prescribed for; the brace should not be re-used by another individual.

### Product disclaimer:

This knee brace is a product prescribed by a physician and should be used in accordance with their instructions. Due to variations in age, health and physical condition, Thuasne does not make any specific recommendations regarding appropriate activities for the user of this knee brace. As the manufacturer has no role in patient selection, or fitting and adjusting the knee brace, or any role in instructing the patient and/or monitoring the use of the knee brace, Thuasne cannot be held responsible for the results arising from the use of the Select Reliever knee brace.

### Warning:

The adjustment of the flexion/extension must be decided and performed by the healthcare professional, not by the patient. The adjustment of the correction must also be decided and performed by the healthcare professional, not by the patient.

### Warranty:

12-month warranty of failure or compromise to the plastic shells or hinges from the date product is dispensed. Replacement of parts including straps, chafes, unusual hinge wear, hinge covers, and padding are covered under warranty for six months from the date the product is dispensed.

### Sizing:

Universal, Left or Right. One size fits most.

### Composition:

Aluminum, Polypropylene, EVA Foam, Nylon Fabric.

### Care:

Remove straps, pads, and liners and close all hook and loop closures; wash in cold water with mild detergent, hang dry only. Do not dry clean, bleach or iron. A dry lubricant may be applied to the hinge if needed.



Hand wash  
mild detergent



no dryer



no iron



no bleach



hang dry

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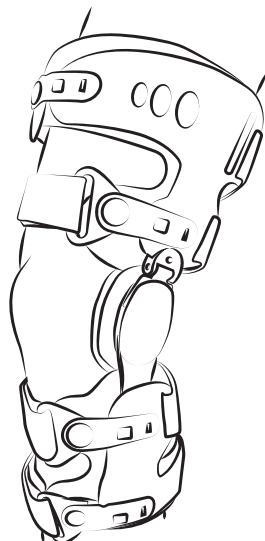
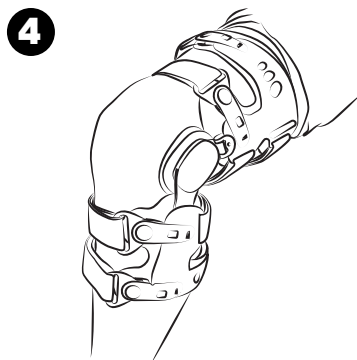
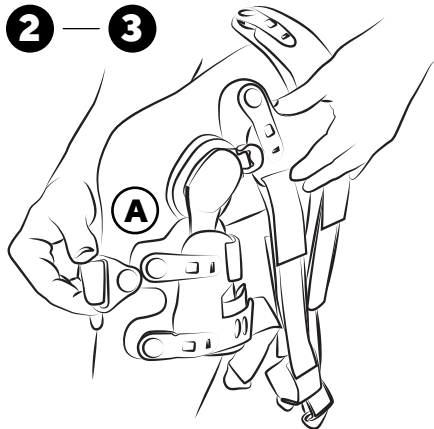
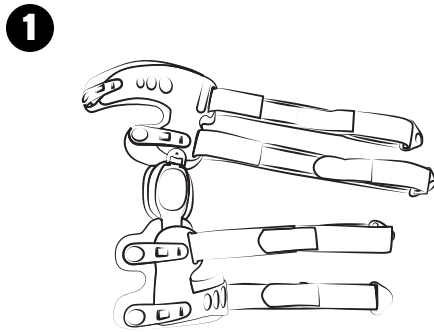
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# Select Reliever

Universal, Single Upright  
Osteoarthritis Knee Brace



### Healthcare professional instruction guide:

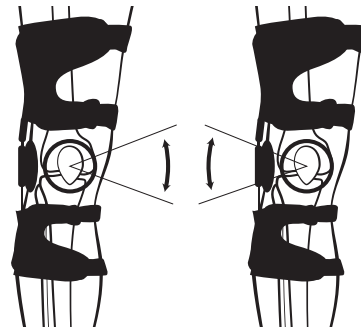
Please read these instructions with the patient when fitting the brace for the first time and make sure they understand how to position the knee brace.

### Fitting the brace:

1. Detach all buckles and adjust straps to their loosest setting
2. With patient seated and knee flexed apply the brace with the hinge and uprights positioned on the unaffected side of the knee. Align hinge with knee center.
3. Tighten straps around the leg beginning with **Buckle A** on the calf.
4. To check the fit, have the patient stand and walk. Straps should fit snug, yet comfortably. Tighten or loosen as needed

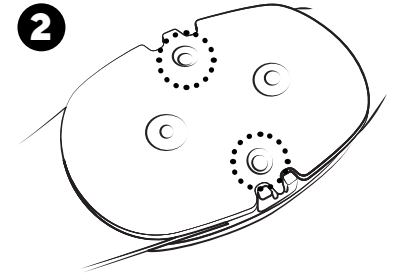
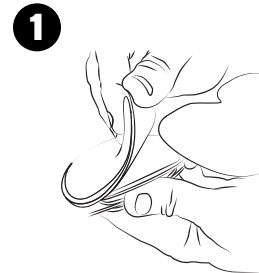
**IN**

**OUT**



### Adjusting for OA relief

1. Using the hex wrench provided, tighten or loosen the knee joint to provide the amount of relief required by the patient



### Setting Flexion and Extension

1. Peel away condyle pad from inside of hinge and remove existing stops with a phillips screwdriver
2. Set desired flexion/extension by inserting plugs at the appropriate degrees
3. Ensure screws are securely tightened and replace condyle pad

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