



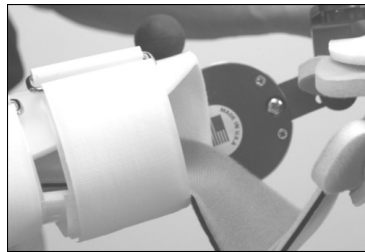
Stat-A-Dyne WHFO

Fitting Instructions

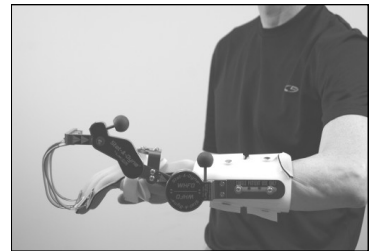
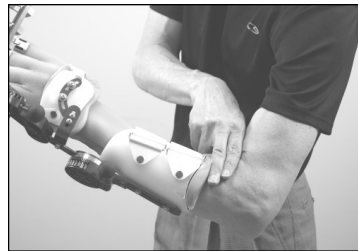
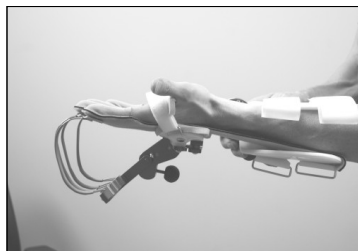
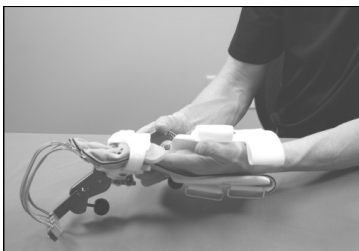
Questions? Feel free to call us at **866-236-8889**, you can also find more information on all of our products at www.lantzmedical.com.

***It is recommended to be seated or lying down while using your Stat-A-Dyne contracture management device.**

- Adjust the length of your WHFO so the hinges on the device line up with your wrist and MP joints (knuckles). (You adjust the length by loosening the Phillips screw located on the inside of the wrist hinge and telescoping the metal connector bracket.) The space between the wrist hinge and finger hinge should be equal to the distance between your wrist and MP joints.



- Once the device is the appropriate length, loosen the straps, slide your forearm through the cuff, and put your fingers into the glove. (Make sure that your fingers are fully seated in the glove.)
- Push your forearm and hand forward in the device until your MP joints (knuckles) are in line with the bottom of the finger hinge. Because we adjusted the length of your device earlier, the wrist hinge should now also be in line with your wrist.
- Telescope or retract the forearm cuff. With the arm bent at 90°, there should be 2 finger widths between the end of the forearm cuff and the elbow crease.



- Tighten the straps on the forearm and palm.
- You are now ready to begin your treatment session.