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Thank you for allowing us to be a part of your recovery!

-The Lantz Medical Team

Stat-A-Dyne Protocol

GENERAL INFORMATION/INTENDED USE:

The Stat-A-Dyne is designed for the treatment of joint stiffness and established soft tissue contracture. The device assists in regaining range of motion and should only be worn under the supervision of a qualified health care professional. Protocols for use vary depending on the diagnosis and should be determined after consulting with physician. The enclosed instructions are intended to serve as a guide after being fit and instructed by your health care team which includes your Lantz Medical representative.

CONTRAINDICATIONS and PRECAUTIONS

The Stat-A-Dyne should not be used if any of the following conditions exist:

- * Severe spasticity
- * Severe osteoporosis
- * Thrombophlebitis

CAUTION should be exercised under the supervision of your physician if any of the below conditions exist:

- * Peripheral vascular disease
- * Healing skin wounds
- * Moderate tone/spasticity
- * Mild osteoporosis
- * Heterotopic ossification

If pain, numbness, swelling, or skin irritation occurs while wearing the orthosis, the device should be removed. The patient should be re-evaluated and appropriate adjustments made.

SINGLE PATIENT USE: Bulletin DB 2006 (4):

Devices designated as "single patient use" must not be re-used under any circumstance. The re-use of "single patient use" devices can affect the device's safety, performance, and clinical effectiveness, exposing patients and staff to unnecessary risk and cross-contamination. The re-use of "single patient use" devices has legal implications.

CARE INSTRUCTIONS:

Clean splint and exterior of the Stat-A-Dyne Splint with a non-abrasive cleaner. Do not over saturate with cleaner. Splint liner and straps can be wiped down with warm water.

RETURN INSTRUCTIONS

When your therapy is complete, please call Lantz Medical to report your stop date at (866)-236-8889 ext 230. Affix the pre-paid return shipping label on the box and drop at the nearest FedEx location. This should be done within 5 business days to avoid extra rental charges.

TREATMENT

THErapy INSTRUCTIONS ON REVERSE SIDE

The Stat-A-Dyne offers three different therapy types. Dynamic, Static and Dual therapy.

Your Clinician ordered:

Dynamic Therapy – Follow Dynamic Protocol.

Static Progressive Therapy – Follow Static Progressive Protocol.

Dual Function Therapy

- * Follow Dynamic Protocol _____ times a day.
- * Follow Static Progressive Protocol _____ times a day.

Notes:

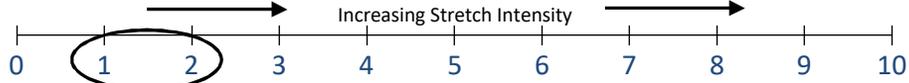
WARRANTY:

Lantz Medical, Inc. warrants this product to be free from defects in materials and workmanship for a period of one (1) year from the date of sale. Lantz Medical, Inc. makes no other express or implied warranties regarding this product, INCLUDING ANY IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR Any PARTICULAR PURPOSE. If this product contains any defects in material or workmanship that arise within one year after sale, Lantz Medical, at its expense, will repair the defect or replace the product, at Lantz Medical's discretion, which shall be customer's sole remedy.

Recommended use for Dynamic Therapy

IMPORTANT Use your Stat-A-Dyne as directed by your clinician's instructions.
IF YOU FEEL NUMBNESS, TINGLING, PAIN OR SWELLING, DISCONTINUE USE AND CALL YOUR CLINICIAN.

SUBJECTIVE STRETCH INTENSITY SCALE



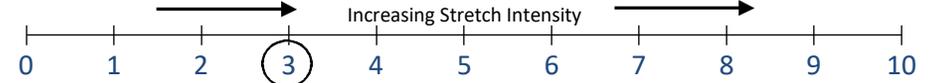
1. Review the tension/angle with your clinician as instructed during your initial fitting. You should feel a **slight** stretch on your soft tissue.
2. Rotate the adjustment knob until you feel the stretch measures about a 1 or 2 on the Subjective Stretch Scale.
3. When the stretch is at a 1 or 2, wear the device 5 minutes.
 - Do not adjust the knob(s) to increase the stretch.
 - Do not increase the tension to more than a 1 or 2 on the stretch scale.
 - Aggressive or painful levels of stretch will not yield faster results and will be counterproductive to regaining your range of motion. The goal is to increase the length of time you wear your Stat-A-Dyne.
4. After wearing the device for 5 minutes at a 1-2 stretch, re-evaluate your stretch intensity.
 - If your stretch intensity is less than a 1-2, adjust the knob until the stretch intensity feels like a 1-2 again.
 - If your stretch intensity is more than a 1-2, adjust the knob to decrease the amount of stretch until it feels like a 1-2 again.
 - If your stretch intensity has not changed, make no adjustments.
5. Repeat steps 1 through 4 for 60 minutes. During the 60 minute session, re-evaluate your stretch intensity every 5 minutes and adjust the knob when necessary to maintain a 1-2 stretch intensity. Think of the wear protocol as 12, 5-minute sessions.
6. Remove the device after the 60-minute treatment session and wait at least 45 minutes before starting another session. This may be the time to perform any exercises your therapist has given you.
7. Wear the device 3 times a day for 60 minutes at a time. Monitor your stretch intensity every 5 minutes and maintain a 1-2 stretch.
8. Follow the dynamic protocol for 1 week. If results are satisfactory, continue as directed. If quicker results are desired, wear the Stat-A-Dyne for 2 to 4 hours per treatment session gradually increasing the wear time to 6 to 8 hours.

If you are attempting to regain bi-directional motion (both flexion and extension) we recommend addressing one direction per day.

Recommended use for Static Progressive Therapy

IMPORTANT Use your Stat-A-Dyne as directed by your clinician's instructions.
IF YOU FEEL NUMBNESS, TINGLING, PAIN OR SWELLING, DISCONTINUE USE AND CALL YOUR CLINICIAN.

SUBJECTIVE STRETCH INTENSITY SCALE



1. Review the tension/angle with your clinician as instructed during your initial fitting. You should feel a **slight** stretch on your soft tissue.
2. Rotate the adjustment knob until you feel the stretch measures about a 3 on the Subjective Stretch Scale.
3. When the stretch is at a 3, wear the device 5 minutes.
 - Do not adjust the knob(s) to increase the stretch.
 - Do not increase the tension to more than a 3 on the stretch scale.
 - Aggressive or painful levels of stretch will not yield faster results and will be counterproductive to regaining your range of motion. The goal is to increase the length of time you wear your Stat-A-Dyne.
4. After wearing the device for 5 minutes at a 3 stretch, re-evaluate your stretch intensity.
 - If your stretch intensity is less than a 3, adjust the knob until the stretch intensity feels a 3 again.
 - If your stretch intensity is more than a 3, adjust the knob to decrease the amount of stretch until it feels like a 3 again.
 - If your stretch intensity has not changed, make no adjustments.
5. Repeat steps 1 through 4 for 60 minutes, re-evaluating your stretch intensity and adjusting after each 5-minute period. Think of the wear protocol as 12, 5-minute sessions.
6. Remove the device after the 60-minute treatment session and wait at least 45 minutes before starting another session. This may be the time to perform any exercises your therapist has given you.
7. Wear the device 3 times a day for 60 minutes at a time. Monitor your stretch intensity every 5 minutes and adjust know when necessary to maintain a 3 stretch.
8. Follow the static progressive protocol for 1 week. If results are satisfactory, continue as directed. If quicker results are desired, gradually increase the wear time per clinician consultation.

If you are attempting to regain bi-directional motion (both flexion and extension) we recommend addressing one direction per day.