



Step 1.

Step 2.

1. Place a pillow in the patient's lap and adjust the hinge to 45-50 degrees for donning and doffing.
2. If possible, have the patient slide their arm into the proximal end of the device through the loosened straps.

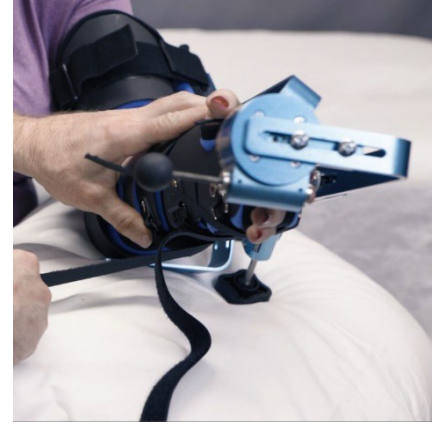
Step 3.



Step 4.



Step 5.



3. The forearm cuff should sit comfortably at the base of the patient's thumb. Fasten the thumb web-space strap.
4. Next, adjust the distal strap at the base of the small finger. Pull snug and trim all excess strap lengths.
5. Make final adjustments to the mid and proximal forearm straps. Pull straps snug and trim excess strap lengths.

Step 6.



Step 7.



Device is now ready for treatment



6. Center the flexion and extension hinge by telescoping/retracting the lateral strut slider mechanism. Educate the patient that the olecranon (tip of the elbow) should compress into the foam of the counterforce cuff once hinge is centered.
7. Loosen the two Phillips Head screws and adjust the proximal L-shaped bracket of the bicep cuff. The center of the hinge should align through the center of the elbow. Once this is the case, and the bicep cuff has been positioned on the upper arm well, fasten the upper arm strap while assuring the anterior shell is centered on the biceps. Trim excess strap length, position the upper strut along the humerus and tighten the two screws on the proximal L-shaped bracket. Ensure height of the cuff has proper clearance from any counterforce cuff obstruction and place the strapping 2-3 inches from the anterior axillary crease. The device is now ready for treatment.