

Indications

- Post-operative elbow or arm surgery
- Collateral ligament sprains
- Ulnar nerve injuries
- Stabilize fractures
- Radical fractures
- Lateral/Medial epicondylitis

Contraindications

- Unstable fractures
- Fracture of proximal humerus
- Fracture of distal radius

Care & Warranty

Townsend ROM Elbow Braces are designed for short-term post-operative rehabilitation purposes only. These braces must be prescribed by a physician and fit by a qualified medical professional. They are not reusable for multiple patients. The brace is covered by a 90 day warranty against defects in materials or craftsmanship.

If you have questions regarding application instructions or product warranties, please speak with your Townsend representative or call 800-432-3466.

Fitting Instructions

Apply The Brace:

The shells on the Low Profile ROM Elbow makes this brace easier to put on than other elbow braces. Simply rest the arm down into the shells, with the hinges aligned with the elbow.

Tighten The Straps:

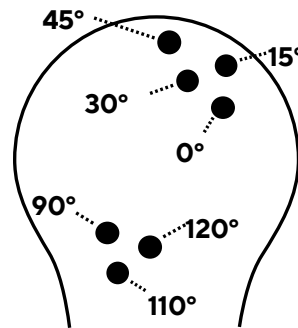
There is no specific order for tightening the straps. The Velcro tab at the end of each strap can be removed to shorten any strap that is too long. Cut the strap to the desired length and reapply the tab.



Optional Hand Extension:

A bar connects the hand extension to the lower shell. The length can be adjusted, or the hand extension can be removed from the brace.s

Hinge Settings



The flexion and extension stops on Townsend Low Profile ROM elbow braces can be adjusted using the flathead screws provided with the brace. The screws are preset in the 0 degree extension stop hole and 90 degree flexion stop hole. Only a small flathead screwdriver is required to remove the screws.

Extension and/or Flexion Controls

Extension stops can be set at 0°, 15°, 30°, and 45°. Flexion stops can be set at 90°, 110°, and 120°.

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