



THUASNE

SpryStep®
Carbon Footplate





The footplate design integrates a toe ramp to enhance natural gait

Rigid carbon core surrounded by trimmable composite material provides support and dynamic response

Circumferential blue material is trimmable to customize the fit inside the shoe



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Thuasne's Answer to Turf Toe

Turf Toe is the third highest injury (behind knee and ankle injuries) that causes college athletes to miss football playing time. The SpryStep® Carbon Footplate has been designed to alleviate foot pain and instability. Among non-athletes, there are multiple additional clinical applications for acute or chronic foot conditions.

Size	Women US Shoe Size	Men US Shoe Size
Small	5 – 10	6 – 8 ½
Medium	8 – 12	7 – 10
Large	11 – 15 ½	9 – 12
X-Large	–	11 – 14
XX-Large	–	13 – 16

Indications

Based on the assessment of a healthcare professional, these indications can be treated.

- Great Toe Plantar Plate Injury (Turf Toe)
- Metatarsal Fractures
- Lis Franc Injury
- Forefoot, Midfoot Pain
- Athletic Enhancement
- Complimentary to foot orthoses prescription
- Ankle Sprains
- Forefoot, Midfoot Arthritis
- Foot Stress Fractures
- Metatarsophalangeal (MTP) joint injuries
- Forefoot, Midfoot sprains/strains
- Hallux Rigidis
- Hallux Limitus
- 5th Metatarsal post-op fractures
- Forefoot Capsulitis
- Metatarsalgia
- Morton's Neuroma
- Freiberg's Infraction
- Cuboid Syndrome
- Sesamoiditis
- Sesamoid Fractures