



Instruction Guide

Indications For Use

The Townsend Design EZG8 (Easy Gait) is prescribed for a variety of foot, toe and ankle injuries and surgeries. Clinical indications include grade 1, 2 and 3 ankle sprains and stable or internally fixed fractures of the foot or ankle. **CONTRAINDICATIONS**: Not intended for unstable fractures or for fractures of the proximal tibia or fibula.

Warranty & disclaimer

The EZG8 is designed for short-term use, and should be worn for less than 180 days by a single user. This product is not intended for reuse on a second patient. Under normal use and conditions, it is unlikely the components will wear out. Misuse, abuse or neglect, including the placement of boots in the trunk of a car in temperatures that exceed 140 °F, can potentially void the warranty. This device is not guaranteed to prevent injuries or reduce or eliminate the risk of re-injury.

Initial Fitting

The EZG8 comes packaged in a protective plastic wrap that includes a product code and sizing label. The EZG8 is comprised of these components:

- Walker shell with attached metal struts
- Foam liner that surrounds the foot and lower leg
- Forefoot and calf straps (pneumatic walker has pump-up bulb in top strap)



(EZG8 Full Height Walker)

Please follow these simple application instructions:

1. Detach the foam liner. DO NOT remove the plastic sleeves that are over the uprights during the initial phases of the fitting procedure.

4. Position the foot in the

foot shell between the two

uprights. The foot should be

positioned so the uprights are

centered at mid-line on the

side of the lea.



5. To optimize stabilization, the uprights can be contoured to

ensure an intimate alignment with the sides of the calf.

2. Open the leg and foot

sections of the foam liner

and place the foot and

lower leg into the liner.



6. Tighten the two forefoot straps, then tighten the calf straps. Make sure the straps are tight enough to secure

3. Close the liner, making

sure that the foam is

wrapped securely around

the patient's limb.



the leg and foot in the walker.



7. Once the foot has been properly positioned, remove the plastic upright covers. This will lock the liner onto the uprights.



8. (Pneumatic Walkers Only)

To increase compression, turn the valve to the right, then press the blue bulb pump. To deflate the pneumatic bladder (to reduce compression), turn the valve to the left.



9. Have the patient ambulate in the boot to ensure the walker is fitting and functioning properly.

