Shoulder & Elbow

Custom and off the shelf bracing solutions that protect, promote healing and stabilize the shoulder and elbow post injury, post-surgery or for use during sports.
AeroSling
Universal Shoulder Orthosis
RECOMMENDED L-CODE L3960
PART# 54-006

AeroSling is the perfect universal solution for post-op / post-injury shoulder immobilization and positioning. The lightweight aluminum frame adapts to all body types and provides multi-planar adjustability for optimal abduction and rotational positioning. The patient experience is enhanced by premium breathable materials, a one-handed buckle design that makes donning easy, and as healing progresses, the brace steps down to a simplified sling.

Recommended for: Post-injury or post-surgical shoulder immobilization / rotator cuff injuries and repairs / joint reconstruction, glenohumeral dislocations / subluxation / muscle, ligament, and tendon repair / capsule repairs / shoulder instabilities / Bankart lesions / SLAP lesions.

Features
• Universal sizing reduces inventory
• Multi-planar adjustability for specific post-op / post-injury abduction and rotation positioning
• Lightweight malleable frame easily adjusts to all body types
• Premium breathable materials
• One-handed buckle design provides easy donning
• Hand-grip keeps arm from migrating distally
• Adjusts for use on left or right shoulder

Adjustable length cuff

One-handed buckle
Step down capability
Townsend Shoulder Sling

PDAC APPROVED L3670

Recommended for: Immobilization for rotator cuff repairs / capsular shifts / glenohumeral dislocations / Bankhart repairs / subluxation / soft tissue repairs / strains.

Features
- Breathable fabric sling
- 30º abduction pillow
- Adjustable padded strap
- Exercise ball
- Two sizes based on arm length
- Universal left or right arm

<table>
<thead>
<tr>
<th>Size</th>
<th>Arm Measurement</th>
</tr>
</thead>
<tbody>
<tr>
<td>S/M</td>
<td>&lt; 14&quot;</td>
</tr>
<tr>
<td>L/XL</td>
<td>&gt; 14&quot;</td>
</tr>
</tbody>
</table>

Elite Shoulder Sling

PDAC APPROVED L3670

Recommended for: Immobilization for rotator cuff repairs / capsular shifts / glenohumeral dislocations / Bankhart repairs / subluxation / soft tissue repairs and strains.

Features
- Breathable mesh 30º abduction pillow and shoulder sling
- Quick-release buckles
- Dual reinforced elbow section
- Adjustable mesh neck padding
- Exercise ball
- Two sizes based on arm length
- Universal left or right arm

<table>
<thead>
<tr>
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<th>Arm Measurement</th>
</tr>
</thead>
<tbody>
<tr>
<td>S/M</td>
<td>&lt; 14&quot;</td>
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<td>L/XL</td>
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Immo Classic

PDAC APPROVED L3660

PRODUCT #244507

Recommended for: The immobilization of the elbow following injury / acute epicondylitis or epitrochleitis (tennis elbow) / immobilization following fracture of the scapula / analgesic immobilization of the shoulder, arm and forearm.

Features
- Provides immobilization of the elbow
- Adjustable protective foam pads allow for optimal shoulder and neck comfort
- Additional adjustable strap and abdominal strap for patient comfort and ease of use

<table>
<thead>
<tr>
<th>Size</th>
<th>Waist Measurement</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>19 ¾ — 28&quot;</td>
</tr>
<tr>
<td>2</td>
<td>28½ — 37&quot;</td>
</tr>
<tr>
<td>3</td>
<td>37 ½ — 46&quot;</td>
</tr>
<tr>
<td>4</td>
<td>46 ½ — 55&quot;</td>
</tr>
</tbody>
</table>

Clavicular Straps

Figure 8

PDAC APPROVED L3650

PRODUCT #245002

Recommended for: The treatment of collarbone fractures, with or without displacement.

Features
- Trimmable straps accommodate patient’s size
- Articulating buckles provide anatomical and custom fit for each patient
- Dorsal foam anchoring pad provides optimal comfort
- Universal left or right arm

<table>
<thead>
<tr>
<th>Measurement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Underarm width greater than 13 ½&quot;</td>
</tr>
</tbody>
</table>
ROM LBO
RECOMMENDED L-CODE L3760
Recommended for: Elbow injuries requiring short term stabilization / post-surgical fixation and/or range of motion control.

Features
- Tool-free adjustment
- Aluminum bars can be contoured to patient’s anatomy
- Easy adjust ROM hinges
- Drop lock with fixation at 90 degrees
- Breeze pads
- Available with single or dual uprights
  > Dual upright universal left or right
  > Single upright is available in left and right models
- Adjustable length 14 1/2” – 17”

ROM Post-Op
RECOMMENDED L-CODE L3760
Recommended for: Elbow injuries requiring short term stabilization / post-surgical fixation and/or range of motion control.

Features
- Easy adjust ROM hinges
- Aluminum bars can be contoured to patient’s anatomy
- Locks at 90 Degrees
- Available with single or dual uprights
  > Dual upright universal left or right
  > Single upright is available in left and right models
- Available in 15” – 16” lengths

ROM Post-Op Low Profile
RECOMMENDED L-CODE L3760
PRODUCT #5X-544-01-942-944
Recommended for: Post-operative elbow or arm surgery / collateral ligament sprains / Ulnar nerve injuries / stabilize fractures / lateral/medial epicondylitis.

Features
- Dual ROM hinges with extension and flexion stops
- Semi-Rigid adjustable cuffs
- Unique design for easy application

Options
- Optional hand extension bar

Size Arm Measurement
S/M Up to 14”
L/XL 14” – 15 1/2”

Measure elbow crease to the MP crease

Custom Elbow Brace
RECOMMENDED L-CODE L3720
PRODUCT #5X-549-016
Recommended for: Hyperextension injuries / chronic elbow instabilities requiring rigid stabilization / most often used by high performance athletes.

Features
- Carbon graphite shell
- Low profile hinges
- Extension stops: 0, 15, 30, 45 or 90 degrees
- Flexion stops: 90, 110 and 120 degrees
- Non-elastic straps

Options
- Shell length
- Colors or fabric inlay
- Extension bar and hand grip

Ordering
- Custom from a cast or digital arm scan

Epi-Med
PRODUCT #T48001
Recommended for: Medial epicondylitis (golfer’s elbow), lateral epicondylitis (tennis elbow) or tendinopathy (inflammation of the tendon attachments) in the elbow.

Features
- Comfortable arm band that provides dual targeted pressure on inflamed tendons
- Easy adjustment with hook-and-loop fastening tabs

Size Arm Measurement
XS 8 ¾ — 9”
SM 9 ½ — 9 ¾”
MD 10 — 10 ¾”
LG 11 — 11 ¾”
XL 12 — 13 ½”

Silistab Epi
PDAC APPROVED L4466
PRODUCT #230502
Recommended for: Insertion epicondylitis (tennis elbow) and epitrochleitis (functional treatment) to prevent against future occurrences and give active support for sports activities and manual work situations.

Features
- Dimpled silicone elbow pad inserts
- Massage during motion
- Provides support and compression
- Removable strap allows for additional compression
- Anatomically shaped elastic knit for optimal elbow crease comfort
- Patented pull tabs for easy application and removal

Size Arm Measurement
1 7 1/2 — 8 3/4”
2 8 3/4 — 9”
3 9 1/2 — 10 1/2”
4 10 1/2 — 11 1/2”
5 11 1/2 — 12 1/4”
6 12 1/4 — 13 1/4”

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