



Instruction Guide

Indications For Use

The Townsend Design EZG8 (Easy Gait) is prescribed for a variety of foot, toe and ankle injuries and surgeries. Clinical indications include grade 1, 2 and 3 ankle sprains and stable or internally fixed fractures of the foot or ankle. CONTRAINDICATIONS: Not intended for unstable fractures or for fractures of the proximal tibia or fibula.

Warranty & disclaimer

The EZG8 is designed for short-term use, and should be worn for less than 180 days by a single user. This product is not intended for reuse on a second patient. Under normal use and conditions, it is unlikely the components will wear out. Misuse, abuse or neglect, including the placement of boots in the trunk of a car in temperatures that exceed 140 F, can potentially void the warranty. This device is not guaranteed to prevent injuries or reduce or eliminate the risk of re-injury. The EZG8 is not designed or intended to be worn by patients who weigh more than 250 lbs.

Initial Fitting

The EZG8 comes packaged in a protective plastic wrap that includes a product code and sizing label. The EZG8 is comprised of these components:

- Walker shell with attached metal struts
- Foam liner that surrounds the foot and lower leg
- Forefoot and calf straps (pneumatic walker has pump-up bulb in top strap)

Please follow these simple application instructions:

1. Detach the foam liner. DO NOT remove the plastic sleeves that are over the uprights during the initial phases of the fitting procedure.

4. Position the foot in the foot shell between the two uprights. The foot should be positioned so the uprights are centered at mid-line on the side of the leq.

7. Once the foot has been properly positioned, remove the plastic upright covers. This will lock the liner onto the uprights.



2. Open the leg and foot sections of the foam liner and place the foot and lower leg into the liner.

5. To optimize stabilization, the uprights can be contoured to ensure an intimate alignment with the sides of the calf.

To increase compression,

turn the valve to the right,

then press the blue bulb pump. To deflate the

pneumatic bladder (to reduce compression), turn the valve to the left.

8. (Pneumatic Walkers Only)

3. Close the liner, making sure that the foam is wrapped securely around the patient's limb.



6. Tighten the two forefoot straps, then tighten the calf straps. Make sure the straps are tight enough to secure the leg and foot in the walker.



9. Have the patient ambulate in the boot to ensure the walker is fitting and functioning properly.



(EZG8 Full Height Walker)



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